



CERTIFICATE

OF PARTICIPATION

This is to certify that

Luyanda Matiwane

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 03:28:42

PACE 04:57/km

OVERALL 25 of 834

GENDER 21 of 563

40+ 5 of 161

08 July 2023, Sat

Date



